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Life Beyond the CIRCLE

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Abstract

There are various factors that determine the quality of life. Our way of thinking and behavior depends on what we learn from environment and it design our decision making approach. This study explains the factors from different aspects to provide a refined approach that can be used to analyze life in a better way. This approach designs a path which makes our inner analysis so that we could come outside from normal view of life i.e. called "life beyond the circle".

Keywords: Circle. Fair.

Introduction

Life is a characteristic that distinguishes objects that have signaling and self-sustaining processes from those that do not, either because such functions have ceased death, or else because they lack such functions and are classified as inanimate. Biology is the science concerned with the study of life.

Any contiguous living system is called an organism. Organisms undergo metabolism, maintain homeostasis, possess a capacity to grow, respond to stimuli, reproduce and, through natural selection, adapt to their environment in successive generations. More complex living organisms can communicate through various means. A diverse array of living organisms can be found in the biosphere of Earth.

Scientific evidence suggests that life began on Earth approximately 3.5 billion years ago. The mechanism by which life emerged on Earth is unknown although many hypotheses have been formulated. Since then, life has evolved into a wide variety of forms, which biologists have classified. Life can survive and thrive in a wide range of conditions. The meaning of life—its significance, origin, purpose, and ultimate fate—is a central concept and question in philosophy and religion. Both philosophy and religion have offered interpretations as to how life relates to existence and consciousness, and on related issues such as life purpose, conception of a god or gods, a soul or an after life. Different cultures throughout history have had widely varying approaches to these issues.

Though the existence of life is confirmed only on the planet Earth, many scientists think that extra terrestrial life is not only plausible, but probable or even inevitable. Other planets and moons in the Solar System have been examined for evidence of having once supported simple life, and projects such as SETI have

attempted to detect transmissions from possible alien civilizations. According to different theories microscopic life exists throughout the Universe, and is present by meteoroids, asteroids and planetoids.

Different Test Cases

There are different test cases that are taken in terms of different questions. The theme of answers provides the approaches that bring us outside the circle.

1. Life and circle
2. Why things not work according to me?
3. Everyone is special
4. God and life
5. Motivation and life
6. How to think different?
7. What is joy?
8. Where is happiness?
9. The real truth
10. Is life fair or unfair?
11. True Love
12. Recursion in mind
13. Journey from permanent to permanent (need of work if everything is temporary, motivation about our permanency)
14. Modern science and Religious science
15. What we know?
16. Goal of life (explore yourself)

These are some points that require explanation for obtaining the required theme of this paper. Let stars from first point. Life and circle explains our normal aspect to see life and we fight to obtain our personal goals this point tells that we can visualize life in a better way if we will judge this life by visualizing life with detachment of local behavior that comes due to training of our neurons and we feel inertia towards our state.

Second point explains the fact that if things are not working according to you, the reasons for this does not lie in outside world but the reason lies in you. Add the curiosity in you that will bring joy in you then add the ingredient called commitment then the things will work according to you.

Third point explains the importance of each and every creature but here we are focusing on humans. In humans, we categorize this term according to popularity measure but the reality is that the importance of one exists due to his service for others. The major part of society you serve by any virtue or means you become popular accordingly. The importance one should measure in term of service because the reality that lies outside the normal boundary of thinking explains that at last everything fades name or fame but one who serves and goes from this world have utilized his temporary phase called life in best way. Thus the importance of life lies in **“HOW CAN WE UTILIZE THIS LIFE IN BEST WAY”** the only way we can do this by providing service to others or by serving others. It can be understood as suppose if we have some coupons and the validity of coupons is 1 hour then we will try to use coupons completely in 1 hour to save wastage, the same logic works here. Everyone who serves others it does not mean whether he is king or sweeper but if one does his task with full potential and honesty then one's life is fruitful and special of course. In this topic everyone in term of special creature belongs to those who perform their work with full passion and honesty. No task is small but reality is that every task has its importance thus equally makes everyone special. One should not perform work for making itself special but the main goal should be task itself because at last satisfaction point will be evaluated by what we performed or what we contributed or what services we provide finally how we utilize life i.e. temporary efficiently.

In 4,5,6 point explains the impact of GOD on life if GOD created everything with so much logic how can GOD itself be too illogical that is GOD exist but it does not deal with people fate and activities in such manner as we think, it explains the beauty of its existence in a very beautiful manner. What does it mean? It means that GOD is the supreme power or energy that is present everywhere in a very logical way. The total energy and mass present in universe belongs to GOD. Whatever activities any living organism performs require energy. Life itself is defined in term of mass energy combination. Actually energy is neither positive nor negative. it depends on object behavior in which it is present. Positive negative behavior is relative term in itself .One important thing is clear that the presence of God (as defined here) is everywhere either in term of mass or energy. One question arises that does God we

are calling that belong to everything has its own behavior. The answer is that whatever behavior you may think is due to energy itself thus the presence of GOD is there. God is beyond our dimensions of thinking and behavior because that is superset of all behavior and contains all behavior in self the reason is that God belong to everything in term of energy and mass and thus everything points to everything. The definition of God can be said as: GOD exist in infinite forms and in infinite dimensions simultaneously. This can be understood only by admitting the reality and by keeping the local attaching objects separate from self and then you can feel yourself as a part of infinite that is called GOD. It means that our existence is permanent because mass and energy can neither be created nor be destroyed and we belong to these things but we get converted to other forms due to the process of change and do not have any algorithms to connect these changes. The previous images we have in our mind are very small part of complete figure. In 6 point it is explained that you can think different only when you will start to find the solutions not in the problem but in outer part of problem and inner part of self. In 5th point it is explained that the normal things that are happening outside, you can understand by logic but the things that happen with motivation are typical to understand by normal thinking. It means that with motivation you will analyze the fact that you have infinite potential to perform any activity and you are the part of infinite. It was the motivation that made Bhagat singh (Indian freedom fighter) mind ready to sacrifice for nation in young age and he utilized his life in great manner. IT is not the length of life but it is the depth of life that matters i.e. The utilization of life matters. 7, 8 ,9 point explains about joy that gives idea that the joy is a state of mind it means that you feel joy when you fully concentrate on something imagine any condition where you have joy in that state your mind remains concentrated on particular point whether it is favorite dish eating or any other activity. But the problem is that these joyful states are temporary. If we want to get permanent joy then we require permanent concentration of mind that can be achieved by yoga or meditation. The same thing you can attain by putting your mind in particular domain by making practice of mind in that domain so that you can achieve the permanent state of joy. Second point is about happiness that lies inside us but we find it outside. The real joy comes from inside. It can be understood by an example once a person started to find happiness. He went to a saint and said that I want happiness and showed him money in a bag and explained that I can donate this amount to you. Give me knowledge so that I could get happiness. Saint said that give this bag to me and ran away the man chased him but could not caught he become very sad. Suddenly saint came back

and returned bag of money to that person. That person counted the money and asked to saint why did you do this activity. The saint replied what is your feeling now. He replied I am feeling relax and calm after getting this bag I thought that you have cheated me and I lost my money. The saint said that like this bag the happiness lies with you, inside you but you always find it outside. In 9th point we discuss about real truth it means that if we analyze any fact we should focus on global aspect of that truth not on local domain it means the generic aspect of truth gives us the real state of satisfaction and we can conclude the things in better way and build up results properly. The local aspect truth may fail in other domain but the generic and global truth will continue in all domains so called real truth and will show right path to us.

In 10th point it is answered that IS life fair or unfair. When we see the grief and miss-happening outside in the world we think that life is unfair. We see the current of pain in different aspects of life. But when we analyze these things logically as an observer then we will find the real injustice or unfairness will happen when the things will happen according to the wish of everyone. The little unfairness exists only to maintain the fairness and it is necessary. When we think about death we think why GOD made this why change occur in human body in this way that cause death but when we see this factor in another way we see that in nature everything is changing and our existence is due to this change the complete life exist due to this change. Our evolution is the results of changes. But we are the part of this circle so when something bad happens to us we cannot analyze it. For real analysis we have to come outside our thinking circle. By this we can not remove the pain of bad happening but impact of pain can be reduced by knowledge.

Next point- true love explains the philosophy for true love which states that the true love exists where the real joy for a person lies in the happiness of other. Love means care, devotion and the state of true love comes where your intention reaches to a stage where you have desire to give only not to gain anything. In that state you come outside the boundary of simple attachment in which your main purpose remains to find your lover. In true love you come outside from this feeling. 12th point recursion in mind explains the situation of tension that is very common in today's scenario. When we continuously think about any idea and reaches to the stage of depression. To come outside from this point we have to understand that we are the controller of our body and thoughts. In the case of depression our thoughts becomes superior.

Thus become recursive in mind. To break the recursion we have to recall the absolute truth of our

strength and will have to make practice so that we can control our thoughts and can come out from depression.

Point 13 explains about journey from permanent to permanent it gives information about the fact that our existence can not be defined by the time limits of this temporary body this statement reveals the fact that the existence of all of us are permanent. We existed in universe before birth and will exist after birth. The question arises how?

Our body is a combination of mass and energy in a specific biological form that get existence in nature and our behavior is due to energy we have and depends on external inputs and we are continuously changing at each moment but the rate of change is slow at one day this change will change our body to dead structure and we will disappear. The reality is that we came in this form by change that change occurred in natural elements and we get this form it means we exist here always but the ground truth is that we don't have any algorithm to connect this phase from the phases that exist before our birth and after death. That state belongs of infinite mass energy that is present in universe and has different form of behavior. Thus our journey remains for permanent (before birth) to permanent (after birth only this state is temporary or I can say that it is an intermediate step of infinite processes that is going on in universe.

14th point explains about the modern science and an aspect of religion, the religious books of any religion contain extraordinary observation on human behavior and contains great knowledge and provides a fruitful purpose to life. In our religious books there are many points related to various facts that are written before thousand years and found valid by scientific observation. The question arises how? The writers of these books have extraordinary concentration of mind and in that state their thinking and observation becomes extraordinary. The same state is achieved by different scientists when they made discoveries. These all books automatically provide the real remedy and contain various aspects of knowledge and the points that I am just trying to explain in simpler way.

15 point explains the point "what we know". Whatever we know is a very small part of big picture. When you will think you have solved everything and have known everything then you will encounter with a problem that will be more complex and typical from previous problem.

Point 16 is the most important point "Goal of life". We should design goal of life in such a manner so that it can satisfy the condition I explained above "**HOW CAN WE UTILIZE THIS LIFE IN BEST WAY**". To meet this point in life we have to first decide the big goals in life and should work hard for that goal. If we achieve better goal in life then we will have more power

so that we can use that power for service and can utilize life in better way if you have big position and not utilizing it then it is of no use.

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Conclusion

This paper discusses about some general facts and observation for mental retraining to achieve better view of life. The points discussed are being used for solving different problems. This study will be helpful for researchers working in the field of human behavior and psychology. The last point I want to include here “Live as it is the last day and learn from each day as you will live forever”.

References

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